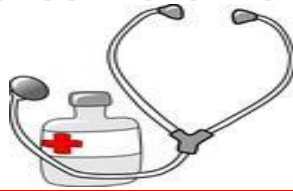


SCHOOL NURSE NOTES



Dear Parents & Guardians:

I hope your summer was healthy and restful. We are excited to be opening our new building this year! With the current pandemic the following information related to health procedures for this year is more critical than ever. Please review with your child and if you have any questions please contact me via email.

Daily at Home Health Checks

- Check your child's temperature everyday even if they do not feel sick. Must be <100 degrees.
- Check your child daily for COVID or other illness symptoms; they must stay at home if they have any symptoms.
- Do not send your child to school after they have been given fever reducing medications.

Important health information related to COVID-19

- If your student has been tested for COVID-19 they may not return to school until the results are back.
- If you have a child test positive for COVID-19 please call the district school nurse to report it and follow the guidance of isolation/quarantine set by the health department (10-14 days).
- Students must stay home anytime they are sick
 - This includes but not limited to Fever >100.0, vomiting, diarrhea, severe headache, new onset or worsening cough, sore throat, new onset loss of taste or smell, repeated shaking or chills or muscle pain

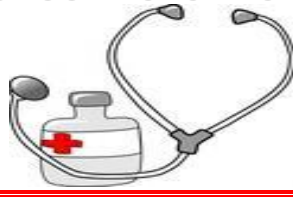
Return to school guidelines

- Students must be fever free (without fever reducing medications) for 24 hours
- If you have a doctor's note, a diagnosis of illness is helpful to track and monitor illness during the school year.
- In order to return to school after illness (COVID or other illnesses) the student must be transported by the parent to the school and report to the nurses' clinic to be cleared to return to school.

Up to date information

Please make sure that your child's teacher and the school office have current emergency contact numbers at all times. We cannot keep students at school with high fevers; have a plan in place in case your child becomes sick at school. This is vital to keeping all illness under control.

SCHOOL NURSE NOTES



Mask wearing

All students must bring a mask to wear during the school day, please provide extra clean masks in your student's backpacks. Practicing wearing the mask at home to help students adjust and talk with your students about proper mask wear and hand hygiene.

Great resources for washing hands

<https://www.youtube.com/watch?v=x3QUtQQp8W4>

Great resource for mask wearing

<https://www.youtube.com/watch?v=4KRuP1QGmhU&feature=youtu.be>

Nursing services staff

The district employs a full-time school nurse Rebecca Baker, RN MSN and a full-time clinic nurse Erica Brown RN, BSN. There will be a nurse in the district from 7am-3:30pm every day.

Sincerely,

Rebecca Baker RN, MSN

School Nurse

746-7610 ext. 134

Rebecca.Baker@carlisleindians.org
